

Cardiff International Sports Stadium



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Profile

Cardiff International Sports Stadium is a multi sport / special event facility offering a range of activities. Suitable for use by the local community and Sport Governing bodies, the stadium will provide all your event requirements and fitness advice.

Facilities

Fully certificated international track & field facilities including an international standard external throws area
Photo finish rooms & full photo finish equipment
Announcer's room
Doping control facilities
First aid room
Seating capacity 2,553, Standing capacity 2,400
Sports retail outlet
50 station state of the art staffed fitness suite including a Cardio theatre
Hospitality suite
Activity zones x 2
Training rooms x 2 including kitchen facilities
Physiotherapist rooms
7 changing rooms including family changing
100m x 70m inner field
Full size artificial training pitch
2 Rugby / Football pitches (1 x floodlit)
Trim trail leading to extensive off road running with links to Cardiff's parks & the Taff trail
Wetlands areas within facility grounds
180 parking spaces on site & 1,000 spaces adjacent to facility
Outside Courtyard (Corporate hospitality)

Food and Drink

Cafeteria area

Additional Information

Cardiff international sports stadium also is the home of Welsh athletics, Cardiff city football clubs youth team, Grange Harlequins football club, Cardiff city ladies football club and Cardiff amateur athletic club